



**Your School is Invited to Attend the  
2010 Independent Schools Rowing Championships**

The 2010 Independent Schools Championship regatta will be conducted on Yarramundi Reach, Lake Burley Griffin in Canberra on the weekend of 20-21 February 2010.

**Status Rules :**

- Championship : open to all rowers.  
Year 10 : for rowers enrolled in year 10 or under in 2010.  
Year 9 : for rowers enrolled in year 9 or under in 2010.  
Year 8 : for rowers enrolled in year 8 or under in 2010.

**Entry Restrictions :**

- \* The rule limiting each rower to a maximum of two events has been rescinded. As the regatta program is divided into 4 Championship brackets separated by 3 Year Group brackets, the placement of events within the program gives an effective limit of 4 events per competitor.
- \* A competitor may enter in one Year category plus the Championship event in any class of boat but may not enter in two Year categories in any particular class of boat.
- \* By the ISRA Constitution, races conducted by this association are for the pupils of Constituent Members and for the pupils of independent schools who are individual registered members of a rowing association with an affiliation to Rowing Australia. The stated interpretation of this rule is that for schools to be eligible to row at ISRA, they must be ineligible to row at either CHS or GPS.

**Distances :**

- Championship events and Boys Year 10 events : 1800 metres  
Girls Year 10 events : 1500 metres  
Year 8 and Year 9 events: 1000 metres

**Heats and Finals :**

- \* Events with 6 or fewer entries will be run as a single heat on Saturday with placings determining the lane allocation in the final on Sunday.
- \* Events requiring 2 heats : 1<sup>st</sup>, 2<sup>nd</sup> and 3<sup>rd</sup> to A final : 4<sup>th</sup>, 5<sup>th</sup> and 6<sup>th</sup> to B final.

- \* Events requiring 3 heats : 1<sup>st</sup>, 2<sup>nd</sup> to A final : 3<sup>rd</sup>, 4<sup>th</sup> to B final : 5<sup>th</sup>, 6<sup>th</sup> to C final.
- \* Events requiring 4 or more heats : Positions in finals determined by times with the 6 fastest crews to A final, 7<sup>th</sup> – 12<sup>th</sup> fastest crews to B final etc.

**Coxswain's weights :**

- \* For boys events - 50 kilograms.
- \* For girls events - 45 kilograms.

**Bow Numbers :**

Each boat must carry a number on its bow correctly indicating its allocated lane for that race.

**Conduct of the Regatta :**

The regatta will be conducted under the Laws of Boat Racing as applied by the ACTRA except where a particular rule of the ISRA Inc. applies.

**Entries :**

Closing date for entries : **5.00 pm on Tuesday 9th February 2010.**

All entries must be made via [Rowing Manager](#).

**Entry Fees :**

\$15 per seat (no charge for coxswains).

Entry fees are to be paid directly to the ISRA by cheque. No money is to be paid to either ACTRA nor NSWRA.

Make cheques out to : ISRA  
Mail to : Peter Bond, President ISRA,  
P.O. Box 458 East Maitland, NSW, 2323.

**General Regatta Information :**

This will be posted on the ACT Rowing Association website (<http://www.rowingact.org.au/>) early in 2010. It would assist greatly with planning if each school could indicate their intention to enter via email to the regatta convenor by the end of January 2010.

**Enquiries :**

All enquiries to : Dafydd Gwynn-Jones – Regatta Convenor  
Phone : 02 62026456  
Mobile : 0412 880893  
Email (preferred method) : [dafydd.gwynn-jones@cggs.act.edu.au](mailto:dafydd.gwynn-jones@cggs.act.edu.au)

OR to : Peter Bond – President ISRA  
Phone (school) : 02 4934 2444  
Phone (home) : 02 4955 1070  
Fax (school) : 02 4934 2404  
Email (preferred method) : [rowing@hvgs.nsw.edu.au](mailto:rowing@hvgs.nsw.edu.au)

**PROGRAM OF EVENTS**  
**2010 INDEPENDENT SCHOOLS ROWING CHAMPIONSHIPS**

Heats : Saturday 21st February 2010  
 Finals : Sunday 22nd February 2010  
 Venue : Yarramundi Reach, Lake Burley Griffin, Canberra.

<b>Event</b>	<b>Code</b>	<b>Event</b>
<b>1</b>	<b>GCh 4x</b>	<b>Girls Champion Quad Scull</b>
<b>2</b>	<b>BCh 8+</b>	<b>Boys Champion Eight</b>
3	ChBYr9 4x	Champion Boys Year 9 Quad Scull
4	ChBYr10 2x	Champion Boys Year 10 Double Scull
5	ChBYr8 1x	Champion Boys Year 8 Single Scull
6	ChGyr9 4x	Champion Girls Year 9 Quad Scull
7	ChGYr10 2x	Champion Girls Year 10 Double Scull
8	ChGYr8 1x	Champion Girls Year 8 Single Scull
	<i>ChGyr9 4x</i>	<i>Second bracket of heats/finals</i>
<b>9</b>	<b>ChG 4+</b>	<b>Champion Girls Four</b>
<b>10</b>	<b>ChB 2x</b>	<b>Champion Boys Double Scull</b>
<b>11</b>	<b>ChG 1x</b>	<b>Champion Girls Single Scull</b>
12	ChBYr10 4x	Champion Boys Year 10 Quad Scull
13	ChBYr8 2x	Champion Boys Year 8 Double Scull
14	ChBYr9 1x	Champion Boys Year 9 Single Scull
15	ChGYr10 4x	Champion Girls Year 10 Quad Scull
16	ChGYr8 2x	Champion Girls Year 8 Double Scull
17	ChGYr9 1x	Champion Girls Year 9 Single Scull
	<i>ChGYr10 4x</i>	<i>Second bracket of heats/finals</i>
<b>18</b>	<b>ChB 4+</b>	<b>Champion Boys Four</b>
<b>19</b>	<b>ChG 2x</b>	<b>Champion Girls Double Scull</b>
<b>20</b>	<b>ChB 1x</b>	<b>Champion Boys Single Scull</b>
21	ChBYr10 8+	Champion Boys Year 10 Eight
22	ChBYr8 4x	Champion Boys Year 8 Quad Scull
23	ChBYr9 2x	Champion Boys Year 9 Double Scull
24	ChBYr10 1x	Champion Boys Year 10 Single Scull
25	ChGYr8 4x	Champion Girls Year 8 Quad Scull
26	ChGYr9 2x	Champion Girls Year 9 Double Scull
27	ChGYr10 1x	Champion Girls Year 10 Single Scull
<b>28</b>	<b>ChG 8+</b>	<b>Champion Girls Eight</b>
<b>29</b>	<b>ChB 4x</b>	<b>Champion Boys Quad Scull</b>