

ACT ROWING ASSOCIATION

2010 KINGS CUP TEAM SELECTION POLICY

Endorsed by ACTRA Board of Management

1. OBJECTIVE:

To ensure that the performances of ACT representative crews in the Inter-State Regatta are of the highest order.

2. COMPETITORS' SELECTION CRITERIA:

2.1 GENERAL POINTS:

Rowers, coxswains and scullers wishing to trial for the 2010 Inter-State Regatta Team must comply with the following:

- Nominees must be eligible to row for the ACT under Rowing Australia "State of Origin" rules.
- Nominees must complete and lodge their nomination form with ACTRA no later than **Friday 20th November, 2009**. A nomination form is attached.
- The Selectors may elect not to select a crew for a particular boat category should there be insufficient depth in the standard of rowers for that category. A regatta nominated by the ACT Selectors may be used as a final grading trial for the selection of crews.
- The Selectors will submit coach and squad lists to the ACTRA Executive for ratification by Monday, 23rd of November, 2009. The squad list may include rowers that are not in the final team and may include boats that are not in the final team. Selection in the ACTRA squad DOES NOT mean that the rower or crew has achieved selection into the ACT Kings Cup Team.
- The coaches, in consultation with the Selection Panel, will be involved in the final selection of crews from the larger squad groups. The coaches, in consultation with the ACT Team Head Coach, will also be responsible for the seating arrangements within any given boat.
- The Selectors shall consider scullers for sweep boats, and vice versa.

- Nominees must be prepared to pay any fee by the required date as advised by the ACTRA State Team Manager. This fee is used to provide suitable clothing to the team and it should be noted that this is also subsidised by ACTRA.
- Where insufficient nominations for crews are received by the nomination closing date, the Selectors will reserve the right to include athletes (nominated or not) into these squads at any time. This is to bring the squad number to the crew plus 50% where possible for training purposes.
- The nomination form should be signed by a member of the club management (Captain or similar) to confirm that:
 - The nominee is a current member of that club.
 - The club will “release” athletes to state team training and support the needs of the state team coaches where reasonable.
 - The club will consider providing equipment to the ACTRA State Team where possible.

2.2 LIGHTWEIGHTS:

Where indicated on the attached schedule of selection events, lightweights must weigh in at the appropriate weight between one and two hours before their race or trial event.

During the selection process, the Selectors will consider if an athlete is capable of contributing to the crew average weight in time for the Kings Cup Regatta.

2.3 SCULLERS:

Selection of the representatives in the single scull events will generally be made based on performances at the 2010 National Championships. The selection may, however, be made earlier in some circumstances.

2.4 YOUTH AND SENIOR SQUADS

- Youth Eight nominees must be 20 years of age or under as at the 31st of December 2010 (born in 1990 or later).
- Squads will be selected following the ACT NTC Time Trial to be held on Friday the 20th of November, 2009.
- Squad size will be no greater than the crew + 50%. For example, the squad for the men's eight may be up to a maximum of 12 rowers plus coxswain.
- It is envisaged that the squads will begin training as soon as possible.
- The final crew selections will be announced by the Selectors in January 2010.

Selection of coxswains will take into account the:

- recommendation of the selected squad coach;
- past and present performance in training and competition;
- weight;
- steering ability;

2.6 EXEMPTIONS:

The following nominees may be exempted from parts of the selection process at the discretion of the Selectors:

- AIS scholarship holders
- ACTAS scholarship holders
- Eligible nominees residing interstate

ANY athlete seeking exemption from any of the selection events should contact the Selectors as soon as possible. The Selectors will discuss the arrangements with the athletes concerned where required.

2.7 SELECTION EVENTS/CRITERIA:

The events that will be used for selections are included at the end of this document. They are mostly based on national program selection events that occur locally that ACT based rowers have access to.

The Selectors will also consider any information that is available about the athlete such as (but not restricted to) past performances in racing, training and any testing.

3. SQUAD MONITORING:

All ACTRA team members will be monitored throughout the season. Any squad member who is unable to maintain performance may be substituted out of a crew AT ANY TIME. Prior notification of such a substitution will be given to the athlete concerned by the Head Coach and Selectors where possible.

When considering the performances of the crews and individual nominees, the Selectors will retain the right to substitute candidates into a crew who were not originally considered for selection.

4. PROMOTION OF ACT KINGS CUP TEAM:

All squad members will agree, by virtue of their nomination for the team, to attend any reasonable promotional events for the 2010 Kings Cup Team or ACTRA in the lead up to the competitions for which they are selected.

5. CODE OF CONDUCT:

In signing the ACT Rowing Association 2010 King's Cup Team nomination form all managers, coaches, rowers, scullers and coxswains agree to abide by the Code of Conduct which is contained in the Rowing Australia Member Protection Policy on the Rowing Australia website at: www.rowingaustralia.com.au/about_ra_policies_mpp.shtm

6. APPEALS:

In the advent of a selection dispute, an individual may request the ACTRA Executive to review the selection. This is to be done in writing to the ACTRA Chairman, not more than 48 hours after receiving official notification of a decision from the Head Coach or Selectors. The appeal is to be lodged with the Chairman of the ACT Rowing Association, with a copy being forwarded to the ACT Head Coach.

The ACTRA Executive shall act as arbiter in any disputes or protests relating to the Inter-State Regatta Team selection process.

The decision of the ACTRA Executive in any disputes or protests submitted to it shall be accepted as final and binding by all concerned, and recognising the need to minimise disruption to the selected squads, the ACTRA Executive will endeavour to have any disputes resolved as soon as possible.

7. THE SELECTION PANEL

The 2010 ACTRA Selection Panel will be:

Chris Polyichanin – Chair (Canberra Rowing Club)
Nick Hunter (ACTRA/ANU)
Tara Huntly (ACTAS/CGGS)
Gordon Marcks (ACTAS)

Regan Sanders (ACTAS)

8. APPOINTMENT OF TEAM MANAGER:

The ACTRA Executive, in consultation with the ACTRA Head Coach, shall appoint a team manager. The manager's duties shall be to:

- Prepare and manage a team budget.
- Prepare and submit team entries.
- Liase with coaches and ACTRA Officials regarding accreditation and vehicle pass requirements for the Nationals.
- Co-ordinate equipment in conjunction with crew coaches.
- Arrange team uniforms.
- Co-ordinate team accommodation and transport.
- Arrange ACTRA team functions.
- Manage media exposure and the team's public relations.
- Other duties as directed by the ACTRA Executive/ACTRA Head Coach.

ACT Rowing Association

2010 Kings Cup Team

Important Dates/Selection Events

2009

2-15 th Nov	NTID Testing
20 th Nov	ACT NTC 5500m time trial
20 th Nov	Nominations due
23 rd Nov	Squad lists to ACTRA

2010

Jan	Final Crews Announced
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The nomination form is to be forwarded by **5.00pm, Friday the 20th November** to:
ACT Rowing Association
Email: actra@rowingact.org.au

ACT Rowing Association

2010 Kings Cup Team

Nomination Form

Name: _____

Address: _____

Tel: _____ email: _____

Date of Birth: _____ Coached by: _____

I have read and understood the 2010 ACTRA Kings Cup Selection Policy and wish to nominate for the following (circle):

Men's Eight

Women's Eight

Men's Youth Eight

Women's Youth Eight

Men's Lightweight Four

Women's Lightweight Quad

Men's Single Scull

Women's Single Scull

Coxswain

Coach

Signed: _____ (Parent or Guardian if under 18)

Signed: _____ Club Management (Captain or similar)

Rowing Club: _____

This form is to be forwarded by **5.00pm, Friday 20th November** to:

ACT Rowing Association

Email: actra@rowingact.org.au