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Friday, 2nd March, 2007

**AN INVITATION TO THE FEDERAL HEAD OF THE LAKE**  
**Lake Burley Griffin, Canberra**  
**Saturday 31<sup>ST</sup> March 2007**

Rowing ACT, the Australian Sports Commission, Canberra Grammar School and Radford College are pleased to invite you to the Federal Head of the Lake.

The Australian Capital Territory has a long tradition of competitive school boy crews and the Board of Rowing ACT has recognised the need for an annual regatta to showcase the crews and to generate strong competition. To this end the traditional "Head of the Lake" has been reinvented as the "Federal Head of the Lake". This schoolboys' event has the support and sponsorship of the Australian Sports Commission Breaking the Drought campaign and the ACT Rowing community.

The events will be as follows over 1000m to 1800m:

Schoolboys 4x+ ( <i>Garran Cup</i> )	Year 8 2x
Year 10 1x	Year 10 4x+
Year 9 2x	Schoolboys' 2x
Year 10 8+	Year 8 1x
Year 8 4x+	Year 9 4x+
Schoolboys' 1x Div 2	Year 10 2x
Schoolboys' 4+ ( <i>Corrin Bowl</i> )	Schoolboys' 8+ ( <i>Fraser Cup</i> )
Year 9 1x	Schoolboys' 1x Div 1 (Maximum 2 scullers per school)
	<i>CGS Rowing Association Cup</i>

Seat fees will be \$12 per seat and medals will be awarded to first, second and third placegetters. Heats and A Finals will be run for all events. Entries will open on ROMS on the 10<sup>th</sup> March and will close at 6pm on 25<sup>th</sup> March.

**Seat fees for the Schoolboys' single sculls, Schoolboys' double sculls and Schoolboys' quad sculls will be complimentary.** This is part of the sponsorship provided by the *Breaking the Drought* rowing program coordinated by the Australian Sports Commission National Talent ID and Development run at the Australian Institute of Sport.

Rowing ACT will provide liaison and support services for schools that are attending the regatta and to facilitate the efficient running of rowing competition on regatta day.

On behalf of the Rowing ACT community, I hope that your school is able to visit us in Canberra and take part in the Inaugural Federal Head of the Lake Regatta. Should you require further information or if you would like to discuss the Regatta arrangements and entry protocols then please do not hesitate to contact me. My details are set out above and I look forward to hearing from you.

Warm Regards,

Camilla Hayman  
Executive Officer on behalf of the Board of Rowing ACT

