

The Back Splash

ISSUE 4

NOVEMBER 2007

SPECIAL POINTS OF INTEREST:

- NCCA Close Lake due to Sewerage Spill
- ACTRA Annual Report
- November Calendar

INSIDE THIS ISSUE:

Regatta #1 Review	2
ACTRA Committee	3
Col Panton results	4
New EDP Co-ordinator	5
Premiership standings	6

Sarah Cook win's medals in the US

Canberra rower Sarah Cook was just one of a number of Australian crew that headed to the US for the World Rowing Challenge.

Following the rigours of the recent World Championships in Munich, nine Australian rowers were invited to compete at the USA World Rowing Challenge, which was run in association with the Oklahoma Head of the River.

The Australian Women's Eight headed over the Atlantic, along with Peter Hardcastle, fresh off his success of qualifying the Men's Single Scull for the Beijing Olympic Games next year.

The regatta provided a variety of racing and this was witnessed on the Friday night as a number of 500 metre races were held under lights. Sally Kehoe and Peter Hardcastle both showed their explosive sculling abilities as they won the Women's and Men's Single Scull. In the 500 metre

Women's Pair event Australia entered three crews with Sarah Heard and Vicky Roberts finishing second, Sarah Cook and Kim Crow third, and Sally Kehoe and Kate Hornsey fourth.

The women's squad faced an exceptionally hard weekend of rowing as they not only

ada. Vicky Roberts came into the Eight for Sarah Outhwaite in the only change from the crew that finished fourth at the World Championships.

Saturday night featured some great racing as Sally Kehoe and Peter Hardcastle both gained bronze medals in the 2000m Single Sculls,



Canberra Rowing Club's Sarah Cook won a medal with Kim Crowe in Oklahoma last month

competed in the World Rowing Challenge, but also the Head of the Oklahoma. Sarah Cook and Kim Crow finished third in the traditional 2000m Women's Pair and then were part of the Women's Eight that also won a bronze medal behind the United States and Can-

whilst the Women's Eight showed their excellent sprinting ability to grab a silver medal in the 500m sprint event.

Information supplied by Rowing Australia. www.rowingaustralia.com.au for more information.

NOVEMBER 2007

SUN	MON	TUE	WED	THU	FRI	SAT
				1	2	3 Regatta #1
4	5	6	7	8	9 NTC Time Trial	10
11	12	13 Draw Night Regatta #2	14	15 ACTRA Board Meeting	16	17 Regatta #2
18	19 Regatta #3 Entries open	20	21	22	23	24
25	26	27 Draw Night Regatta #3	28	29	30	Regatta #3

Regatta One winners

Capital Lakes has made a great start to the Season taking top spot after the first Regatta on the Premiership standings.

CLRC topped the standings ahead of last years overall winners Canberra Rowing Club who were just four points behind.

Gippsland Grammar school made the long trip from Victoria and had a big impact on results taking third spot overall on the standings.

ANU boat Club are the most noticeable improvers on last year scoring 21 premiership points not far from their entire total last year.

The Women's Premiership Capital Lakes showed their strength with a five point lead over CRC but Lake

Tuggeranong are close behind CRC on 20 points just nudging out Hosts of Regatta #1 Canberra Girls Grammar.

The Men's premiership is being lead by Gippsland Grammar with 25 points just ahead of Canberra Grammar School on 22 points.

ANU were strong in the Men's with 17 points in third

Black Mountain, Lake Tuggeranong and Radford all tied on 10 points will be looking to make big moves in Regatta #2.

A big contingent from Kinross is expected too challenge in Regatta #2 which along with a stronger Radford who had a clash with their school fete.

Regatta #2 to be held this

weekend will over 800 seats filled and against last year numbers would be the second largest Regatta only to the ACT Championships.

A very large contingent of E grade Men's rowers will be taking to the Water from most clubs.

Regatta #2 is shaping up to be a great days entertainment and there will be plenty of Racing with most races having nearly full lanes.

If your not competing and want to get closer to all the action then you could become a Boat Race Official. BRO have the best vantage point and are a vital part of keeping the Regatta safe. If you would like to be a BRO please contact the ACTRA office on (02) 62496111

ACTRA AGM—Annual Report

Members,

The Committee of the ACT Rowing Association Incorporated is pleased to present its report on

the Association's activities over the 2006-07 rowing season.

ACTRA Premiership Competitions

The Committee congratulates Canberra Rowing Club for winning the aggregate points score for

the Men's and Women's Premiership Competition (Bill O'Brien Shield), the Men's Premiership

points score (ACTRA Premiership Pennant) and the Women's

Premiership (ACTRA Women's Premiership Pennant).

Canberra Grammar School won the Schoolboys'/Junior Premiership and Canberra Girls

Grammar School the Schoolgirls'/Junior Premiership

Representative Rowing

The Association has had a busy year in selecting and supporting representative teams with the requirement to send a team to the Youth Olympics Festival held from 17 – 21 January 2007 in addition to the normal requirement to provide a team to the Youth Cup. The Youth Cup was held at Nagambie Lakes Regatta

Centre, Nagambie Victoria from 31 August to 2 September 2007.

The ACT has been well represented in this year's national teams through the following

selections:

World Junior Championships - Beijing, China

Junior Men's 4x

Zac Cleaver (ACTAS/CRC) –

Nicholas Barnier (ACTAS/CGS)

Coach Regan Sanders (ACTAS/CRC)

Junior Women's 2-

Christabelle Northam (ACTAS/CGGS)

Veronica Tamsitt (SERAS/CGGS)

Coach - Gordon Marcks (ACTAS)

World Rowing Championships – Munich, Germany

Women's VIII

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NCA Close Lake due to Sewerage Spill

The ACT Health Protection Service has advised the NCA that the entire Lake Burley Griffin be closed to primary contact recreation such as swimming and secondary contact recreation such as boating as results from water tests have indicated unacceptable levels of bacteria.

The NCA was advised by the ACT Department of Territory & Municipal

Services (Environment & Recreation) yesterday of a sewer leak in Queanbeyan that had flowed into the Molonglo River. East Basin was closed as a precautionary measure, the NCA has since tested the water and closed the entire lake to swimming and boating.

The NCA will continue to closely monitor water quality and the lake will remain closed until bacteria levels return to normal.

Lake user groups have been notified of the closure and warning signs will be posted around the lake.

Commercial ferry operators are exempt from this closure, however, are advised that passengers should avoid contact with lake water.

The Captain Cook Memorial Jet will not operate until water quality levels return to normal.

New ACTRA Committee

The ACT Rowing Association AGM 15th October 2007 a new committee was elected being;

Brendon Prout—Chairman
Heather Neil—Vice Chairperson
Patrick Davoren—Secretary

Simon Tulloh — Treasurer

General Committee

Taryn Langdon

Kate Borger

Rick Worboys

Suzanne Nermetova

The Chairman and meeting recognised the contribution of outgoing committee members Alan Borger (Treasurer) and Nick Hunter (Vice Chairman) who both decided not to re-stand.

The first Board meeting will be held on the 15th November. The 2007 Annual report is available on the ACTRA website.

ACTRA AGM—Annual Report continued....

Sarah Cook (AIS/CRC)
Women's 4x

Sonia Mills (AIS/CRC)

Administration

The Association's Executive Officer Camilla Hayman resigned during the year.

Camilla has made a remarkable contribution to the Association in her term as Executive Officer, working beyond her paid hours to make major improvements in areas such as corporate

planning, coach development, regatta management and communication with the membership.

The Association was fortunate to appoint Matthew Ronke as Executive Officer in June 2007.

Matthew comes from a background in motor sport administration in Victoria and has quickly

become familiar with the ACT rowing scene and the issues specific to rowing administration.

During the year the Associa-

tion moved from the office which we shared with ACT Squash to our own office within Sports House. This gives an improved working environment for the Executive

Officer and a superior venue for Committee meetings.

National Elite Development Program

On 12 March 2007 Rowing Australia released documentation for the National Elite Development

Program (NEDP). Under this program, funding is provided to each State for the identifica-

tion, recruitment, development and management of talented rowing athletes for Junior (U19) and U23

World Championship competition. The Program replaces the Elite Development Funding and

Elite Club Funding Programs that have operated across Australia from 2005. The program will be

overseen through the Joint

Management Committee process in each State.

The aim of the NEDP is to support the State Rowing Organisations and Academies of Sport to implement jointly agreed strategies to recruit talented athletes and prepare, develop and manage

them for selection and competition in the Junior and U23 World Championships. These strategies will be as identified in the Elite Athlete Development Pathway document in each state.

Specifically the NEDP provides a contribution to full time salaries to:

- recruit and develop talented U19 athletes and the coaches of junior athletes into pathway programs in each state.

More of the report on the ACTRA website.

Col Panton Results

CRC Sonia Mills has won the 2007 Col Panton Marathon. With a slightly shortened course due to the restrictions at Kingston Mills beat home by nearly 15 seconds another CRC crew of Masters 8+. The ACTAS crew Skipper and the Cootapatambe trophies. Another CRC crew W4x won the Black Pete and the ADFA crew won the Stegman trophy.

Over 130 rowers competed in this years Col Panton Marathon held in memory of the late Colin Panton.



1st	Sonia Mills
2nd	Lawrence/Pagan/McLaren/Robertson/Hewitt/Hodges/Simson/Body/Whelan(cox)
3rd	Owen/McKay/Cleaver/Barnier
4th	Fowler/Tamsitt/McDonald/Shaw
5th	Pardy/Watkins/McAndrew/Cookman
6th	Waldron/MacKenzie/Bailey/Bolger
7th	Bradshaw/Priestly/Pender/Sheehan/Vlandis(cox)
8th	Ferguson/Burraston/Jolly/Hughes
9th	Leitch/Nash
10th	Cotterill/Gordon/Chiswell/McCracken/Glesson(cox)

RA New Appointments

Rowing Australia have made new appointments and a re-arrangement mainly to the position left vacant by Greg Howell they are;

Elite Program Manager

Rowing Australia would like to welcome back Matt Draper who has returned to the organisation to fill the recently vacated position of Elite Program Manager. He commenced his new role on Monday 15 October.

Matt has previously worked with Rowing Australia as the High Performance Manager in 1995 – 1999.

In the interim, Matt has held a number of significant sporting positions. He worked for SOCOG in the lead up to the Sydney Olympic Games, as well as

holding various senior positions overseas with the Grasshopper Club Zürich, ATHOC Olympic Games Organising Committee, the Qatar Asian Games and most recently for FISA - as Events and Development Consultant.

The experience that Matt will bring to Rowing Australia in the lead up to the 2008 Beijing Olympics will be invaluable.

High Performance Administrator

Sam Irvine has been appointed as the new High Performance Administrator and will move across from his current position as Adaptive Rowing and Competition Administrator.

Sam started at Rowing Australia in May 2006 and has been working in the Adaptive depart-

ment since December of last year.

His new position will involve liaising with ASADA, working with the Elite Program Manager and managing issues with national team athletes.

Adaptive Rowing and Competition Administrator

Matt Bialkowski has joined the team at Rowing Australia as the new Adaptive Rowing and Competition Administrator.

Matt has been working with ACTSPORT for the last ten months as the Disability Sports Education Program Officer. He has gained valuable experience working with the Australian Paralympics Commission and has begun his role on a part time basis before starting full time in December.

James Macartney new ACT EDP Co-ordinator

The ACT Rowing Association along with its High Performance Partners ACT Academy of Sport (ACTAS) and Rowing Australia is pleased to announce James Macartney as the ACT Elite Development Co-Ordinator.

James moved to Canberra last year from the UK where he had good success in coaching Junior Athletes in the British based rowing system. James's Coaching was predominately through the Oxford Brooks and Thames rowing Clubs and his athletes have had success at Under 23 world championship level.

The Elite Development Co-Ordinator will have a diverse role with very specific targets in terms of meeting athletes to Rowing Australia's EDP standards. With the majority of these athletes expected to come from ACT Rowing Clubs High Performance pathways.

The EDP Co-ordinator will have a close relationship with Clubs and Schools and will make regular appearances at clubs to assist with the development of the high performance pathway.

The EDP role will also have a large component of his time directed towards Talent Identification. This will come

from within the rowing system and from outside.

Currently RA are working on national standards for the NEDP program currently headed up by RA new High Performance Manager Matt Draper.

A set of standard testing regimes will be announced shortly of which the NEDP co-ordinator will outline to your club.

James is a familiar face in ACT rowing and has been coaching for ANU who won this years Disher Cup and came 4th at Uni games. James also coached the Men's ACT Squad for 2007 Youth Cup.

ACTRA Supported By



ACCEPTING ROMS ENTRIES — Online

2008 Tasmania State Pen- nant No 6	2/02/20 08	Tasmania	Accepting Entries until 24/01/2008 10:59:59 PM
2008 State Selection Re- gatta	2/02/20 08	SA Rowing	Unknown
2008 Tasmania State Pen- nant No 5	19/01/2 008	Tasmania	Accepting Entries until 10/01/2008 10:59:59 PM
2008 Limestone Coast Pic- nic Regatta	19/01/2 008	SA Rowing	Unknown
2008 Tasmania State Pen- nant No 4	5/01/20 08	Tasmania	Accepting Entries until 27/12/2007 10:59:59 PM
2007 ARC Twilight Regatta on Torrens	15/12/2 007	SA Rowing	Unknown
2007 Queensland State Championship Regatta	15/12/2 007	Queensland	Accepting Entries until 5/12/2007 4:00:00 PM
2007 Tasmania State Pen- nant No 3	15/12/2 007	Tasmania	Accepting Entries until 6/12/2007 10:59:59 AM
2007 Renmark Regatta - Day 2	9/12/20 07	SA Rowing	Unknown
2007 Renmark Regatta - Day 1	8/12/20 07	SA Rowing	Unknown
RV Schools - Carey Regatta	1/12/20 07	Victoria	Accepting Entries until 25/11/2007 7:00:00 PM
2007 Murray Bridge Re- gatta	1/12/20 07	SA Rowing	Unknown
2007 Head of the Yarra	24/11/2 007	Victoria	Entries Closed
2007 Tasmania State Pen- nant No 2	24/11/2 007	Tasmania	Accepting Entries until 15/11/2007 10:59:59 PM
2007 Capital Lakes RC Re- gatta #2	17/11/2 007	Australian Capital Ter- ritory	Accepting Entries until 11/11/2007 10:00:00 PM
2007 Melbourne Head	17/11/2 007	Victoria	Accepting Entries until 11/11/2007 7:00:00 PM

2007	Regatta	Hosting Club
November		
3 rd	Regatta 1	CGGS
17 th	Regatta 2	CLRC
December		
1 st	Regatta 3	BMRC
January		
26 th	Australia Day (Bridge to Bridge)	
February		
2 nd	Regatta 4	CGS
9 th	Regatta 5	Radford
23 rd / 24 th	ISRA	CGS/Daramalan/Radford/CGGS
March		
1 st	Regatta 6	Daramalan
15 th	ACT Champs (FHOL)	ANU
16 th	ACT Champs	CRC

Premiership Standings

Standings After Regatta #1

Club	Overall
CLRC	45
CRC	41
Gipps	34
LTRC	30
BMRC	27
CGS	22
ANUBC	21
CGGS	18.5
Dara	14
Rad	13
MUBC	4
UQ	4
Banks	3
SUBC	0.5
UTS	0.5

Club	Women
CLRC	30
CRC	25
LTRC	20
CGGS	18.5
BMRC	17
Gipps	9
ANUBC	4
MUBC	4
UQ	4
Rad	3
Banks	3
Dara	2
SUBC	0.5
UTS	0.5

Club	Men
Gipps	25
CGS	22
ANUBC	17
CRC	16
CLRC	15
Dara	12
LTRC	10
BMRC	10
Rad	10