



The Latest Slash

VOLUME 1, ISSUE 1

JULY 2007

SPECIAL POINTS OF INTEREST:

- **10 ACTAS Scholarships** are now being offered. (see inside for details)
- **Nagambie** will play host to the 2007 Youth Cup in August.
- **Winter Time Trials** kicked off on June 23/24 with strong numbers especially in 8's.

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Sarah Cook's World Cup Win

There is no doubt that intensity has increased in this Olympic qualification year. The first Rowing World Cup in Linz/Ottensheim, Austria, opened with the biggest field ever seen at an opening World Cup and with events like the men's single boasting 41 entries, making a final would be tough. Today the final six in each event came back to go for gold in the finals.

But it was the ACT's Sarah Cook and Kim Crow that surprised the most with a stunning effort in the women's pairs.

From "WSCN"

Women's pair: Kim Crow came to rowing two years ago by default. An injury took her out of track and field and into the sit-down sport of rowing. Australian rowing embraced her and last year, 12 months after starting the sport, she won a World Championship bronze medal (women's eight). Today Crow showed that her talent was no accident.

However it was Jane Rumball and Darcy Marquardt of Canada that had the lead at the start of this race. Rumball and Marquardt are the current World Champions but had al-



Kim Crow and Sarah Cook at the world cup in Linz

ready been beaten at this regatta and their confidence must have been shaken. Canada held the lead with Australia slipping into second, Great Britain in third and the United States1 and United States2 crews battling it out for fourth and fifth, respectively.

Crow and Cook must have very

good endurance. Going through the third 500-meter the Australians took the lead. Cook, at 189-centimeters tall, holds her own against Crow. She hit the international scene in 2004 at the under-23 level and has recently been a regular partner of Crow's.

Coming into the final sprint the Australians still had the lead. Both US crews fought back, Canada tried to hang on. Crow and Cook took gold, Megan Cooke and Anna Mickelson of USA1 took silver and Susan Francia and Caroline Lind of USA2 won bronze. The Canadians missed out.

"We have achieved our personal goals. It was very tight to come through the 1000-meter mark but then we squeezed out and controlled the race," said Cook. "I am really pumped about the 8+ this afternoon and it is really complementary being in 2 disciplines."

Winter Time Trials Kicks Off

The 2007 Winter Time Trials kicked off on the weekend of June 23 and 24. with small boats on Saturday and big boats on the Sunday. Approximately 250 entries were received

make it a great start to the Winter trials.

Ben Adams from ANU was fast men's single scull with Radford's Toby Brashaw and CRC William Bruce filling the plac-

ings.

While Capital Lakes pair Corinna Rettler and Jessica Sorensen filled the top spots ahead of Alice Bowen from ANU in the Female Sculls.

Youth Cup Update



The 2007 ACT Youth Cup squad process is well underway. Selection trilling should start in the next couple of weeks and a team selected shortly after to represent the ACT at Nagambie from 31st August to 2nd September 2007.

Selectors for this years Youth camp are Taryn Langdon, David Bagnall and Gordon Marcks. The Head Coach will be Dafydd Gwynn-Jones and supported by Tom Westgarth as Female coach and James McCartney as the male coach. The team will have 6 heavy-

weight rowers and 2 light weight rower as well as a coxswain for both Male and Female squads. The Aim for ACT is to finish in the top 3 for the Rusty Robertson Cup and to win both 8+ events. More details are available on the actra website.

“Hopefully my background can bring some benefits to ACTRA and I look forward to working with all of you to foster the development of rowing in the ACT

New Executive Officer

Introducing Matthew Ronke as the New ACTRA Executive Officer.

I am originally from Benalla in Victoria where I worked in Sports Administration with Winton Motor Raceway mainly in the Finance and Event Management areas and an overseeing role at Wakefield Park with Winton's purchase of the venue in January 07. I have a long history in motor sport industry and have spent a great deal of time involved with the Australian Auto-Sport Alliance an industry grouped formed by

race circuits to provide sanctioning and insurance for race events. One important aspect that I am significantly proud of with the Australian Auto-Sport Alliance is the philosophy to bring a business style relationship to race venues while maintaining a strong emphasis on the needs of competitors and how they get the greatest enjoyment out of their chosen sport while maintaining a safe environment through applying carefully constructed risk management principles.

My Education was with

Charles Sturt University at Wagga where I undertook a Bachelor of Business degree majoring in Economics. (The degree started as a Medical Science degree but became apparent that I, working in a lab mixing chemicals was dangerous to both my and others health so I looked for a safer option).

Hopefully my background can bring some benefits to ACTRA and I look forward to working with all of you to foster the development of rowing in the ACT.

ACTAS Scholarship Criteria

The ACT Academy of Sport (ACTAS) will award up to 10 rowing scholarships to talented athletes. The scholarship period will generally commence in November 2007

and conclude in October 2008.

Throughout this period the Joint Management Committee (JMC), comprising

representatives of ACT Rowing Association (ACTRA), ACTAS and Rowing Australia (RA), may at their absolute

discretion add an athlete/s if their performances justify such a decision. The JMC may also at their absolute discretion terminate a scholarship if an athlete's training or race performance declines to the point that justifies such a decision.

Scholarships will be offered in priority order as follows:

1. Members of a Rowing Australia 2007 national team
2. Junior and U/23 age rowers
3. Senior age rowers

ELIGIBILITY

- Athletes must be a resident of the ACT or surrounding region.
- Athletes must be a registered member of a rowing club or school that is affiliated with the ACTRA.
- Athletes must participate in the ACTRA Winter Time Trials, NTC 5km Time Trials and ACTAS 6000m and 2000m ergometer testing session unless otherwise exempt .



2007 Youth Cup Bulletin 1

2007 Details of Youth Cup, Nambie 31st August—2nd September.

CLOSE OF ENTRIES

Entries close at 5.00 pm AEST on Friday, August 17th, 2007 via ROMS.

ENTRY FEES

There will be equalisation in regard to costs incurred by States similar to 2006. These amounts will be advised shortly.

VENUE ENTRY FEE

There is no venue entry fee and car parking is available in car parks close to the boatshed. The results of the small boats will

be used for the seeding the bigger boats. Full details will follow in later bulletins.

LIGHTWEIGHTS

Lightweights will be permitted to compete at +6% of the Rowing Australia stipulated average weight in its Rules for lightweights.

The Weight Specifications are :- (there will be no crew average)
Men: Max Weight 74.2kg Women: Max Weight 60.4kg

POINTS

All teams will compete for the The Rusty Robertson Youth Cup. Points will be awarded as follows for each event except the spares races (includes Division 1 and Division 2):-
1st place = 9 points

2nd place = 8 points

.....

9th place = 1 point

Gold, Silver and Bronze medals will be awarded in each event including spares. All presentations for the regatta will be conducted at 12 noon on Sunday Sept 2nd at the course.

ORDER OF EVENTS

As in previous years competitions, all Pairs will go on to compete in the Coxless Four, whilst scullers go into the Quad.

The Aim for ACT is to finish in the top 3 for the Rusty Robertson Cup and to win both 8+ events.

Rowing Victoria will issue more Bulletins closer to the event.

Michelle Simpson featured

Michelle Simpson is featured in this month's Rowing MagOZine.

Issue May/June which is on sale NOW in newsagents Australia wide also featuring,

- The Australian Rowing Championships 2007
- The Surf Life Saving Australian Title 2007 – Focus

on Surfboat

- CROKER – Meet the man behind the oars
- Winter Training – Get on you bike
- Should ASADA drug test school rowers?
- Coastal rowing in Australia
- Scull vs Sweep: Who rules the river?



Sportscraze ACT

Awareness Campaign and Sponsorship Drive - Winter '07:

SportzCare ACT is mid-way through intensive efforts in Canberra to promote the service and establish sponsorship partnerships. A large part of this will involve visiting many local sporting authorities to gain endorsement for SportzCare ACT services amongst local athletes. Major licensed clubs

are also being approached to ask for support to help fund some of the essential needs that SportzCare has to be able to provide its services free of charge. Thank you to those [sponsors](#) who have already come on board and to those sporting organisations who have given their endorsement. If you would like further information about either of these opportunities for your club/organisation,

please contact sportscraze on

0414 177 678

Or

webcontact@sportscrazeact.org.au



AUSTRALIAN TEAM SUPPORTER

WHITE MESH CAPS - LIGHTWEIGHT 2007 AUSTRALIAN ROWING TEAM SUPPORTERS GEAR

Past supporters know the benefits of having this important team identity. The easy care forrest green/wattle gold contrast polo, & white mesh cap are lightweight, wash well & dry quickly - essential when travelling.



Ladies Tops

**polo colour - Wattle gold with
forrest green contrast and print.**



Mens Tops

FREIGHT

Red post pack up to 500g - \$5.50 or 500g - 3kg
\$9.90

Express up to 500g - \$7.70 or - \$10.10

Phone Payment by Credit Card (Visa, MasterCard, or American Express)
or by Direct Deposit (bank details on request)

POLO - \$33. CAP \$17.50

Please email or call to place your order
despaint@bigpond.net.au phone; 03 95552785 or 0411117990.

MARKETPLACE

Rowing Ergometers for Sale

As part of its annual equipment renewal, the CGGS Rowing club has Concept II, Model C Rowing Ergometers for sale. They are all in very good condition and still in use. They can be inspected at the shed by arrangement through the Head of Rowing.

Contact

Dafydd Gwynn-Jones
Head of Rowing
dafydd.gwynn-jones@cggs.act.edu.au
(w) 62026456

New 2000, race condition, white finish, carbon/fibre honeycomb core shell, for up to 85kgs., forward coxed, both sets of scull & sweep rigging, built by Liangjin. Need rack for new boat, must sell. \$6,000
ONO

Laurie Ormerod for North
Shore Rowing Club

Contact: Laurie Ormerod

Phone: [02] 9416 1576