On Saturday 28 October, ACTSPORT presented the 2006 ClubsACT Sportstar of the Year Awards at The Auditorium, Erindale. A big thankyou must go to all the nominators without whom we wouldn’t have sporting stars to award. A great night was had by all and following are the 2006 award winners. Congratulations!

**ClubsACT Sportstar of the Year**
Lauren Jackson – Basketball

**Walker Media Group Male Sportstar**
Michael Rogers – Cycling

**Cadbury Schweppes Female Sportstar**
Lauren Jackson – Basketball

**FM 104.7 Junior Sportstar**
Daniel Ellis – Cycling

**Southern Cross Ten Special Achievement Award**
Thomas Palmer – Cycling

**ACTSPORT AIS Sportstar**
Robert Crowther – AIS

**ACTSPORT Coach Sportstar**
Carrie Graf – Basketball

**Konica Minolta Team Sportstar**
Canberra TransACT Capitals

**Chamberlains Law Firm Master Sportstar**
Ros Balodis – Tennis

**Sport Employment Australia Contribution to Sport Award**
Martin Grace – Squash
Approximately 300 ACT school students with a disability will converge on the AIS Athletics Track for the Annual Be The Best You Can Be Athletics Carnival on Friday 3 November. The Carnival is a joint initiative between ACTSPORT and local law firm Snedden Hall & Gallop.

The Carnival is specifically for students with a disability and will involve students from a number of Canberra primary schools, high schools, and colleges participating in a rotation of activities including sprints, vortex throw, long jump, and shot put.

Disability Sport Education Program Coordinator, Kathryn Duff says

“This is a great environment to introduce and encourage young people with a disability to get involved with sport and enjoy the health and social benefits associated with a physically active lifestyle.”

“It is a great day for the students as they get to participate in different activities, learn from athletes who have represented Australia, and interact with students from other schools”

Leader of the Opposition Mr Bill Stefaniak MLA, and Shadow Minister for Sport, Mr Brendan Smyth MLA will be attending on the day to observe the activities and assist with the presentation of participation certificates.

GOOD LUCK!

2006 Australian Sport Awards

It's time again to begin preparations for the Australian Sport Awards. Since it's inception in 1980, the Awards have provided the opportunity to recognise this country's greatest sporting achievements. With so many outstanding performances in 2006, the Confederation of Australian Sport is confident of once again receiving some extraordinary nominations.

The process for this years awards will be different to that of previous years. Nominations are to be completed through an online system, making it simpler and less time consuming. To place a nomination, each sporting organisation must nominate an individual to complete the nomination. Please email admin@CASEvents.com with the name and email address of the nominator.
so they can be granted access to the online nomination system.

The Awards cover the 2006 calendar year, thus performances occurring between 1 December 2006 and 31 December 2006 will be monitored and taken into consideration. Nominations close on Friday 1 December 2006.

The 2006 Awards will be staged in Melbourne on 21 February 2007.

If you have any queries concerning the 2006 Australian Sport Awards please contact the Confederation of Australian Sport on (08) 8202 0000.

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**2006 Board Builder Conference**

*The Leading National Conference for Community Boards, Committees and Councils*

- **Date:** Friday 17 November
- **Time:** 9.00-4.30pm
- **Where:** Moonee Valley Racing Club
- **Cost:** $245 per person

The 2006 Board Builder conference is a practical, hands-on, one-day conference providing board strategies for community organisations of all kinds and all sizes, and also for local government.

The conference is designed to provide participants with the practical tools they need to do their job as a board/committee/council member better, and set them along the path to greater knowledge and confidence in their governance role.


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**New Australian report finds interesting volunteering patterns**

The Federal Department of Families, Community Services and Indigenous Affairs (FaCSIA) has produced a report on volunteering in Australia. The report contains the first systematic analysis from the two major sources of information on volunteering, the Australian Bureau of Statistics' (ABS) Voluntary Work Survey 2000 and its 1997 Time Use Survey, and aimed to consider the combined effects of several different influences on people's decisions about whether to volunteer and for how long. Not all volunteering takes place within organisations and the report concludes that 16% of Australians undertake informal voluntary work with 1.8 million Australians helping people who live in other households (mostly relatives) and around 400,000 Australians helping
someone living in the same household.

Other interesting findings include:

- **There’s a lot of it around** - Voluntary welfare services at all levels are worth more than double the value of services provided by all levels of government in Australia
- **They’re not joining up** - Informal volunteering (outside organisations, just people acting for themselves) accounts for more than half of all voluntary activity
- **Charity begins at home (but doesn’t stop there)** - People who are already undertaking the care of disabled adults are more likely than other Australians to undertake formal voluntary work
- **Fun comes first** - More than half of formal voluntary activity promotes such community-wide interests as recreation, although a significant percentage is actually aimed at disadvantaged groups
- **Gender gaps** - Professional associations, unions, and sports-focused organisations attract a higher proportion of male than female volunteers, while education, health, religious and community welfare agencies attract more females than males
- **We’re less generous than our peers** - While the proportion of Australians who volunteer has increased since 1987, it’s still the case that on any given day Australians spend about half the amount of time doing voluntary activities as people in Canada, Finland, France and the United Kingdom
- **Those who have, join** - People working in professional or managerial jobs, and people who have achieved educational qualifications at university level or higher, are more likely to formally volunteer through organisations, to informally help others, and to provide care to adults
- **Those who have not, help** - People in the lowest 20% of the income range are more likely to provide both informal help to others and to undertake adult care, but are less likely to work formally with a voluntary organisation
- **Salt of the Earth** - People living outside a capital city are more likely to formally volunteer through organisations than other Australians

**Community Sport and Recreation Development Program (CSRDP) Grant**

Sport and Recreation ACT are aiming to provide financial assistance to eligible organisations for outcome based projects, programs and initiatives to support participation in active lifestyles through the delivery of quality programs and services for the benefit of the Canberra community. The intended outcomes of the CSRDP are:
• To increase community access and participation in sport and physical recreation
• To increase participation in active lifestyles, particularly for children and young people
• To enhance health and well being through active participation in sport and physical recreation
• To provide training and education opportunities for employees, volunteers and members that will assist in the development of sport and physical recreation organisations
• To assist sport and physical recreation organisations with constitutional and governance reform
• To assist in the development of planning initiatives for sport and recreation organisations with the view to improving the management and administration of organisations
• To assist organisations to purchase non-consumable equipment that will increase sport and physical recreation opportunities

Applications close November 10 2006. For further information contact Ms Lyn Weatherstone, ACT Bureau of Sport and Recreation by emailing lyn.weatherstone@act.gov.au or by phoning 6205 1940 or visit the website at http://www.sport.act.gov.au/development/grants/sractgrants.html#srop

If you know of any information you would like to include in the next edition of E-Flash please forward details to julia.cowen@actsport.com.au or phone ACT SPORT on 6247 0260.