ACTAS/ACTRA Elite Development Program
Athlete Nomination Form

The ACT Rowing Association and ACTAS, with assistance from Rowing Australia, will be forming a group of talented ACT athletes as part of the ACT’s Elite Development Program. As an initial step towards the formation of this group, eligible athletes are invited to apply by forwarding the following sheet to the ACTAS Head Coach (details below). Athletes are able to apply at any time, and if successful, will be entitled to, along with their coaches, assistance with training programs, technique development as well as inclusion in group training activities with the other athletes and coaches in the program.

NAME:

ADDRESS:

CONTACT PHONE:

EMAIL:

DATE OF BIRTH (must be 1987 or later):

HEIGHT/WEIGHT:

BEST 2000m ERG SCORE and DATE:
(Target Score is 7:30 for females and 6:30 for males)

BEST RESULTS AT NSW/NATIONAL CHAMPIONSHIPS:

CURRENT CLUB (Must be ACTRA affiliated):

CURRENT COACH:

Please send applications:
Gordon Marcks
Head Rowing Coach
ACT Academy of Sport
Tel: 02 6207 4393 (BH)
Mob: 0407 787270
Fax: 02 6207 4042
Email: Gordon.Marcks@act.gov.au