



SELECTION OF ACT CREWS FOR THE 2005 AUSTRALIAN MASTERS ROWING CHAMPIONSHIPS

The ACT Rowing Association has a selection process to ensure that all those who wish to be considered for the ACT representative crews to compete in the interstate races at the Australian Masters Rowing Championships have the opportunity to try out for them, and to ensure that the best possible crews represent the ACT.

Nominations:

The ACT Rowing Association is now calling for nominations from individuals for selection into the following crews to race at the Masters Championships:

Women's Eight
Women's Quad
Men's Eight
Men's Quad

Nominees must state on the nomination form which boats they wish to be considered for.

Email nomination forms are available on the ACTRA website at
www.rowingact.org.au

Email nominations close with actra@rowingact.org.au at 5pm on Thursday 17th March 2005.

Nominees for ACT representative crews must be registered members of the ACT Rowing Association, and must agree to abide by the Rowing Australia Code of Conduct. Rowers and coxswains selected for the final crews will be entitled to purchase (at cost) an ACTRA representative racing suit.

Selection Process:

Nominees must compete in at least one of the masters single sculls, masters coxless pairs or masters double sculls, (excluding mixed masters doubles) championship races at the ACT Championships on the weekend of 19-20 March 2005.

The selectors will rank rowers performances in the above races according to the gold medal standards for each boat category, as determined by Rowing Australia (table attached). The ACTRA masters selectors will determine the priority men's and women's crews, and squads for these crews, based on these rankings. The Selectors will also pay due regard to ages to ensure the ages fit to give each crew an average age of at least 50 years old.

The selectors may require further trialling of the selected squads before the final crews are determined.

In the selection of coxswains the selectors will take into account the recommendation of the selected crew, past and present performance in training and competition, weight, and steering ability.

Exemptions from any part of the selection process must be approved in advance by the selectors.

Appeals:

In the advent of a selection dispute, an individual may request the ACTRA Executive to review the selection. This is to be done in writing to the ACTRA General Manager not more than 48 hours after receiving official notification of a decision from the selectors.

The ACTRA Executive shall act as arbiter in any disputes or protests relating to the selection of ACT representative masters crews for the interstate races.

The decision of the ACTRA Executive in any disputes or protests submitted to it shall be accepted as final and binding by all concerned. The ACTRA Executive will endeavour to have any disputes resolved as quickly as possible.

Attachments:

1. Rowing Australia 2000m Gold Medal Standards
2. Rowing Australia Code of Conduct
3. Example of e-nomination form

Rowing Australia 2000m Gold Medal Standards (prognostic times and speeds)

		Boat Class						
		1x	2x	2-				
Men		6:31	6:00	6:13				
		5.115 m/s	5.556 m/s	5.362 m/s				
Women		7:08	6:37	6:51				
		4.673 m/s	5.038 m/s	4.866 m/s				

3. ROWING AUSTRALIA CODE OF CONDUCT

PURPOSE

The purpose of this Code of Conduct (Code) is to declare the type of behaviour, which is encouraged by Rowing Australia Inc (RA). This is the behaviour RA is seeking to promote and encourage rowing Associations, Clubs and Schools, their members and supporters, to adopt. In addition to this Code, listed below are some examples of behaviour which shall be deemed by the Board to be “conduct unbecoming”, or “conduct not in the interests of Rowing Australia and the promotion of its objects”.

By listing this information, as well as some examples of behaviour deemed to be unbecoming, the Board, and Council, wish to offer clear direction in this area.

KEY PRINCIPLES

- β RA wishes to operate in an environment where people show respect for others and their property. Respect is defined as consideration for another’s physical and emotional well being and possessions, to ensure no damage or deprivation is caused to either.
- β RA wishes to operate in an environment, which is free from harassment. Harassment is defined as any action directed at an individual or group, which creates a hostile, intimidatory or offensive environment.
- β RA wishes to operate in a non - discriminatory environment. By this we mean where everyone has an equal opportunity and receives a fair go in accordance with the law as well as RA rules, procedures and guidelines.
- β Person’s to whom this Code applies acknowledges and agrees to comply the grievance procedures adopted by RA. If any disciplinary action is taken persons directly affected shall be afforded the opportunity to participate in those proceedings and also the right to appeal against a penalty.

KEY ELEMENTS

All persons who are bound by this code shall:

- β Not act in a manner unbecoming, or contrary to the interests of RA.
- β Treat people involved in rowing with courtesy, respect and proper regard for their rights and obligations.
- β Treat another person’s property with respect and due consideration of its value.
- β Demonstrate a positive commitment to Rowing Australia policies, rules and procedures.
- β Not misuse funds or property belonging to another party.
- β Respect the law and customs of the places they visit including foreign countries.
- β Respect the confidentiality of information, which comes to them in the course of their duties.
- β Uphold and not injure or compromise the standing and reputation of rowing within Australia.

GOVERNANCE

This code shall be known as the Rowing Australia Inc Code of Conduct (RA Code). The RA Code shall govern the conduct of all persons associated with Rowing within Australia, (prior to and after release from) any ratification and subsequent selection of said person by the AOC in the 2000 Olympic Team. In particular it shall apply to and for;

- 1) Persons acting for and on behalf of RA.
- 2) Athletes, Coaches, Managers and support staff of RA touring teams.

- 3) Persons participating at sanctioned RA regattas.
- 4) Officials, umpires and support personnel assisting or conducting RA regattas.
- 5) Delegates to and employees of Rowing Australia.

This RA Code shall act as a guideline for criteria determining decisions and actions under Article 9.3 items 9.3.2 and 9.3.3 of the RA Articles.

UNSUITABLE BEHAVIOUR

This list describes examples of behaviour, which after investigation by the Board (or other body as set out hereafter) and a finding by the Board (or other body as set out hereafter), that such behaviour has occurred, shall be deemed to be unsuitable behaviour and not in the best interests of sport.

- 1) 'Sledging' other athletes, officials or event organisers. Sledging is defined as a statement, which is deemed to denigrate and/or intimidate another person.
- 2) Excessive use of alcohol, acting in a way that becomes a public nuisance, creating a public disturbance.
- 3) Causing damage to another person's property during the conduct of a regatta, or when representing Australia, or depriving them of that property during the defined time frames of a tour within Australia or Internationally.
- 4) Sexual relations between a coach, manager, support staff and a junior athlete, irrespective of the wishes and desires of the athlete, are absolutely forbidden.
- 5) Sexual relations between a coach, manager and support staff personnel and an adult athlete on the same team are discouraged and may amount to unsuitable behaviour. Where a long term relationship exists this should be advised promptly to the team management.
- 6) The use or encouragement of drugs and banned substances to enhance or inhibit performance. The banned substances list is as outlined under the Rowing Australia Anti-Doping Policy.
- 7) Statements that are deemed to denigrate the group that an individual is representing.
- 8) Harassment, sexual or otherwise.

PROCESS FOR DEALING WITH A BREACH

Each case will be treated in accordance with the 'situation' and 'ruling', of those persons adjudicating the case at that time. Penalties include but are not restricted to a warning; a reprimand; a fine, suspension or exclusion from an event or eligibility to represent Australia or in the case of touring teams the imposition of conditions of remaining members of a team.

All persons who have had a decision made against them shall be offered an opportunity to appeal. An appeal will be heard by persons other than those who adjudicated the matter in the first instance and an appeal must be lodged within 7 days of the first decision. No appeal shall be heard after this date.

If a breach, or suspected breach, of this Code has occurred the following process shall be used:

- 1) The suspected breach will be investigated within 7 days of its occurrence or notification that a breach may have occurred by;
 - β The Team Manager and Head Coach in the case of National Teams or;
 - β The Board / Management Committee of a Club or Association in the case within the Club's or Association's jurisdiction or;
 - β The RA Board in cases within Rowing Australia's jurisdiction, excepting National Teams.
- 2) The person concerned will be advised of the alleged breach and will be offered the opportunity to present information pertaining to the incident. No-one involved in the incident will be part of the investigation.
- 3) The body investigating the alleged breach will decide whether there has been a breach of the Code and if so, on the appropriate penalty. It will prepare a written statement and provide it to the person concerned. In all cases the statement will be provided to Rowing Australia.

- 4) If aggrieved the person concerned can appeal against the decision. In the case of National Team matters, the High Performance Commission of Rowing Australia will decide the appeal. In club and association matters an appeals committee formed by the Association or Rowing Australia may hear an appeal. Members of this committee must not have been involved in the original dispute. If the decision, which is appealed against relates to a decision made by Rowing Australia an appeals committee will hear the matter.
 - 5) The body or persons hearing the appeal will consider the statement referred to in (3) above, may require other evidence to be provided and will offer to the person concerned the opportunity to present his or her case. This decision will be final.
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ACT Rowing Association

2005 Australian Masters Championships Representative Crews

Nomination Form

Name: _____

Address: _____

Tel: _____ email: _____

Date of Birth: _____ Weight: _____

Rowing Club: _____ Coached by: _____

I have read and understood the 2005 ACTRA Masters Selection Policy and wish to nominate for the following (circle):

Men's Eight

Women's Eight

Men's Quad

Women's Quad

Coxswain

Coach

Rowing Suit Size: S M L XL XXL

**This form is to be faxed 6257 1083 or emailed to actra@rowingact.org.au by 5pm
on Thursday 17th March 2005**