

ACT Academy of Sport 2005/06 Rowing Scholarships

The ACT Academy of Sport awards up to 12 rowing scholarships to talented athletes for a 12 month period, usually from November of each year.

The criteria used for ranking potential candidates for 2005/06 scholarships will be:

OBJECTIVE CRITERIA:

- A **maximum** of 12 scholarships will be awarded.
- Athletes must be a resident of the ACT or surrounding region.
- Athletes must be a registered member of a rowing club or school that is affiliated with the ACT Rowing Association.
- Performance in the NTC Time Trial on or around the weekend of 12th/13th of November, 2005. Athletes will be ranked according to junior, U23 and open age prognostics.
- Senior athletes will be expected to qualify for the National Time Trial as a minimum performance standard.

The November NTC time trial will be the major event used for selecting the 2005/06 scholarships. Athletes who do not compete at the November trial will be expected to be able to satisfy the NTC Head Coach with a legitimate reason for not being able to do so. For medical reasons, for example, the athlete must provide a medical certificate.

SUBJECTIVE CRITERIA:

The NTC Head Coach may consider the following in the subjective assessment of scholarship candidates:

- Past national team performances.
- Performance, results and conduct over the 2004/05 season.
- Potential for performances in the 2005/06 season.
- Performance in the 2005 ACTRA Winter Time Trials.
- Performance in 5km NTC time trials on (or around) the following weekends:
 - 17th/18th September
 - 15th/16th October

These events may be used when making distinctions between athletes who are relatively evenly ranked at the November trial, when an athlete is unable to compete at the November trial, when an athlete's performance is affected by some unforeseen circumstance, or when the athlete's past performances have not been consistent. It is therefore in the best interests of an athlete's potential for selection that they compete in these events to the best of their ability.

Immediately after the NTC Time Trial on the 12th of November, the NTC Head Coach will consult with the ACTAS Assistant Coaches, ACTRA Representative and National High Performance Director to consider the scholarship candidates. Following this, scholarship recommendations will be made by the NTC Head Coach to the Rowing Joint Management Committee (representatives from Rowing Australia, ACT Academy of Sport and the ACT Rowing Association) for ratification.

RANKINGS DURING WINTER TIME TRIALS AND NTC TIME TRIALS:

For the purpose of ranking potential ACTAS scholarship holders, participants will be generally ranked according to the current National Prognostic Times.

Athletes who wish to be considered for ACTAS scholarships will be required to race in single sculls and ranked double sculls in NTC trials #1 and #2. Sweep trials will occur in the week following each NTC Time Trial where possible.

Small boat participation on the Saturdays of the ACTRA Winter Time Trials can be in either a pair or single scull.

Entries for the final November trial will be either as a single scull or pair as directed by the NTC Head Coach.

Under 23 Athletes

U23 athletes will be judged against prognostic times that are appropriate for the U23 age category.

Lightweights

ACTRA Winter Time Trial results will be graded using Heavyweight Prognostics only. This is to relieve athletes of the pressure of making weight during the preparation phase of training.

For the NTC Time Trials, lightweights will be ranked using the prognostic speeds for lightweights. Lightweight arrangements for NTC time trials are to be confirmed.

Those wishing to trial as lightweights will be required to weigh-in at Rowing Australia stipulated average weight for these trials:

+6% (to be confirmed)

Men Max Weight = 74.2kg

Women Max Weight = 60.4kg

Those who fail to weigh-in will be ranked as open weight athletes.

As lightweight athletes will be racing at a weight above their summer "race-weight", their results will be adjusted so that they are not unduly advantaged. Lightweight athletes will have their prognostic scores reduced by 1%.

DISPUTES:

Disputes should be referred in the first instance to the NTC Head Rowing Coach for explanation. When a resolution cannot be reached, the matter will be referred to the ACTAS Manager for appropriate action.

FURTHER ENQUIRIES:

Should be directed to:

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